



# KBULG IN ACTION

## Co-ordinators Note...

WINTER has well and truly set in! This rain is fantastic and we can hopefully look forward to a magnificent wildflower season this year.

A big welcome to our new core sponsors Paddington Gold, for making a commitment to supporting our local environment through their pledge of \$5000 annual sponsorship. A very huge thank you to Paddington Gold and to all of our fantastic sponsors! Without your dedicated support we could not continue to achieve so much!

An extremely busy and productive couple of months for KBULG! The highlight of this period has been the implementation of KBULG's Junior Landcare Activities at Karlkurla Park, which included tree planting, seed ball making and interactive bush walks. Carly and I had a wonderful time. A big thank you to Barrick Kanowna for sponsoring these events and to the lovely Dee Thompson for your help and support.

CONGRATULATIONS to KBULG, for winning the Young Legends award in the 2009 Sustainable Cities Awards for our Junior Landcare Program. Out of 41 projects we were also selected as one of 3 finalists in the overall category. Congratulations to Brunswick River Restoration Project for winning this category, it was very well deserved, such a small community organisation achieving so much within your community. A big thank you to all teachers and students involved in the program.

The Western Power Community Tree Planting Day planning is well underway. Council is being very supportive, as always, in the pre-planning and preparation of the site, I would like to say a big thank you to Paul and Carol for their help! I look forward to seeing you all there next Saturday as we continue to create a 'Better Environment and Better Lifestyle' for the people of Kalgoorlie-Boulder.

David Gleeson



## WESTERN POWER'S COMMUNITY TREE PLANTING DAY NEXT SATURDAY!

## Great Garden Workshops

THE Great Gardens Team is coming back to Kalgoorlie-Boulder!

The Great Gardens workshops are designed to inspire, inform, educate and empower participants to live sustainably. Specifically they show participants how they can have a beautiful landscape and house that costs less, uses a fraction of the water, energy and nutrients while producing less waste. Participants will have the chance to win some fantastic prizes.

The Great Gardens team loves debunking the Myths, exposing the sales hype associated with "miracle products", highlighting inappropriate advice that is wrong for WA and question silly gardening habits.

Stay tuned for more workshop information!



## Important dates to remember...

Sunday 14 July – **KBULG Native Plant Group 2-5pm**

Saturday 18 July – **Kalgoorlie-Boulder Community Tree Planting Day**

Sunday 26 July – **KBULG Native Plant Group 2-5pm**

Sunday 2 August – **National Tree Day**

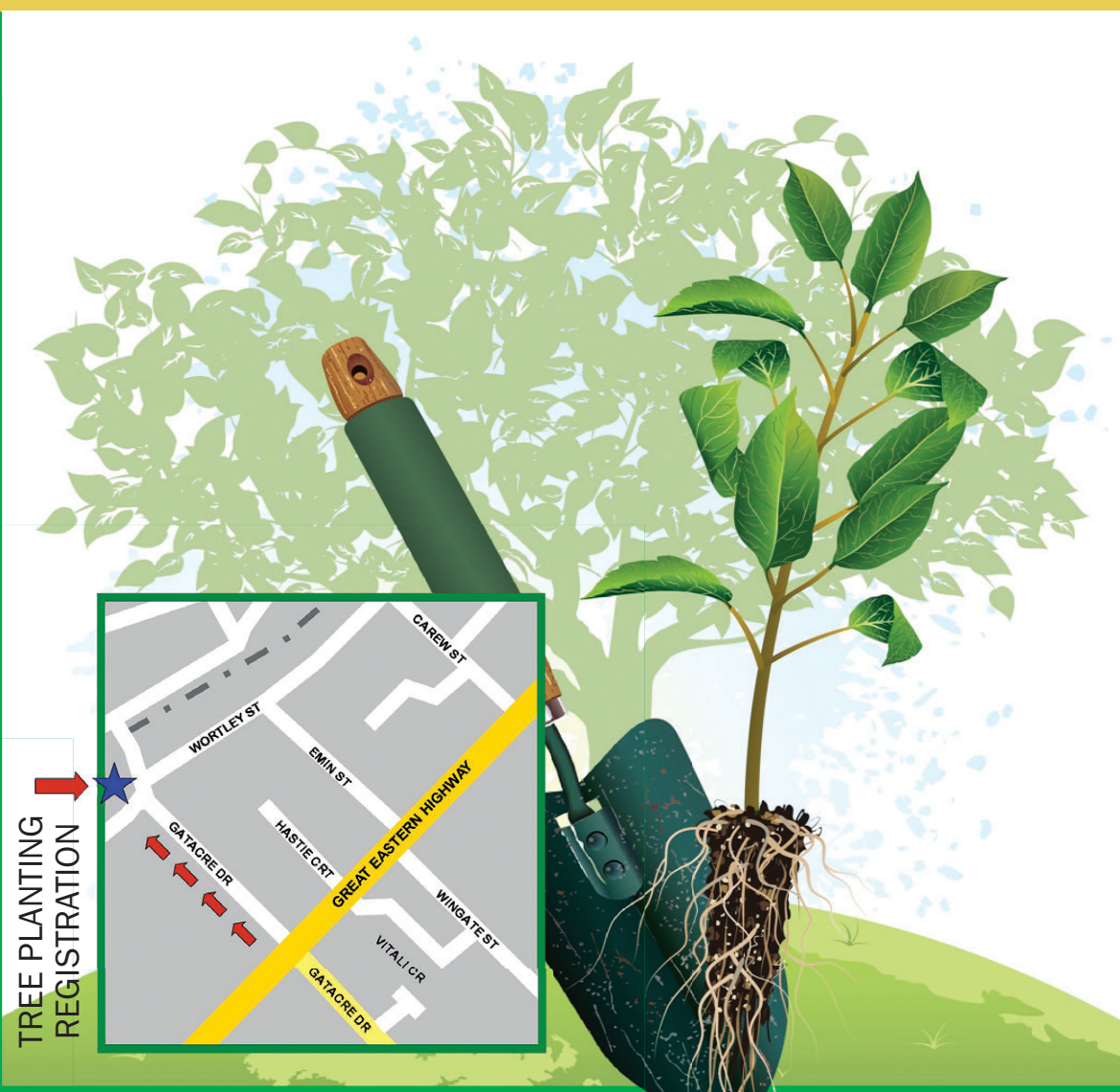
Sunday 16 August – **KBULG Native Plant Sale**

Sunday 23 August – **KBULG Native Plant Group 2-5pm**

24-30 August – **Keep Australia Beautiful Week**

21-24 September – **Great Garden Workshops**

September – **Waterwise Garden Competition**



**Where:** Wortley St, Somerville  
**When:** Saturday 18th July  
**Time:** 10am – 12 noon

KBULG and Western Power invite you to come and join in all the fun of Kalgoorlie-Boulder's Annual Community Tree Planting Day. Do your bit and take a positive and active role in helping protect our environment. By planting native trees and shrubs, we can help to combat climate change, provide food and shelter for our wildlife and beautify our surroundings.

Drinks and free sausage sizzle for all participants, courtesy of Western Power.

There will be a corporate and community group challenge (with prizes to be won) for groups with the most participants, best costumes and best tree planting chant.

Come prepared with sturdy shoes and gloves. Bring a trowel and don't forget your hat and sunscreen.

For a registration form please contact KBULG on 90916233 or email [admin@kbulg.org.au](mailto:admin@kbulg.org.au).

**DID YOU KNOW THAT A SINGLE TREE WILL ABSORB ONE TONNE OF CARBON DIOXIDE OVER ITS LIFETIME?**



# BETTER ENVIRONMENT - BETTER LIFESTYLE

## Winter Gardening

NOW the cold winter months are here, it is time to get out in the garden and give our bodies some good fresh air and exercise and warm up our blood. For plants Winter is a relatively quiet time, but for the gardener it can be one of the busiest, as it is a great time for making changes in your garden and planning for the year ahead.

over and apply blood and bone liberally all over. Now you can re-mulch with a fresh layer to provide a new layer of insulation.

- Pruning and weeding is a top job to do at this time of year. As natives finish blooming, remember that deadheading and light pruning all over encourages lovely new growth and a neat, bushy habit.
- Plant out some tasty winter treats, like Chinese cabbage, rocket, silverbeet, broccoli and tatsoi. Add organic matter like your own compost to any fallow areas of the vegetable patch in preparation for spring planting.

- Spread blood and bone all over your garden and water it in to give the plants access to a gentle acting, slow release feed as they come back to life in spring.

- Brighten up dull spots in the garden with flowering annuals. Or why not use foliage plants to create some interest? Variegated plants look fantastic and can come in all sorts of colours, leaf shapes and sizes.

- Plant new plants now so that the roots establish themselves before the onslaught of hot weather. This will ensure that the new plants have a good chance of surviving and will require less water in their first summer.

- Winter is a great time for transplanting. If you have a plant in the wrong place then now's the best time to move it.

- Rejuvenate your mulch. Rake back mulches, weed thoroughly then lightly fork



## Local plant profile - Quandong

**QUANDONG** July to April.

**Common Name:** Quandong

**Scientific Name:** Santalum acuminatum

**Aboriginal Name:** Thumparri (Goldfields), Walku (North East Goldfields).  
Has an edible fruit which can be eaten raw or used to make jam.

**Size and Form:** A small compact tree with a rounded canopy, 1-6m tall. It is parasitic on the roots of other plants, usually wattles.

**Flowers:** Small, cream to orange. Flowers

on the menus of some fashionable restaurants. The fruit has twice the Vitamin C of Oranges. The hard seed can be roasted and the oily kernel eaten. The kernel has medicinal uses. Liniment made from ground seeds is considered a powerful medicine and is used for general ailments. The nut has been used to make jewellery. The wood is used for artifacts.

**Interesting Facts:** The seed is often distributed by emus which eat the fruits.

**Fruits:** Large, round, bright red coloured fruits, about 20-30mm in diameter. Leather-like skin covers the wrinkled nut which looks a bit like a brain, and has a white kernel inside.

**Leaves:** Thick, lime green leaves, to 60mm long.

**Habitat:** Widespread and common, but favours flatter, low-lying areas.

**Uses:** An important food source for Aboriginal people and popular bush tucker food. The fruits are eaten fresh when ripe, or dried. Quandongs are high in protein and carbohydrates compared with most fruits. The fruit is used in jams and pies and included

## Sustainable Cities Awards

**KBULG'S WINS ANOTHER SUSTAINABLE CITY AWARD!**

KBULG has won the Young Legends award at the 2009 WA Sustainable Cities Awards. This award recognizes KBULG's efforts in encouraging and promoting youth initiative and environmental education. The KBULG Junior Landcare program has been running for over 14 years and continues to grow from strength to strength. Children in the program participate in a number of landcare activities including: guided walks in Karlkurla Bushland Park, tree planting, seed ball making, Schools' Tidy Days, night stalks, zero waste lunches, composting, recycling and developing their own local plants garden in their school grounds.

A big thank you to all of the teachers, students, volunteers and sponsors involved in the program, great work!



Pictured above: Landcare Co-ordinator David Gleeson receives the Young Legends Award from Stuart Cowle.

## GREEN, CLEAN AND TOASTY WARM

This year, winter heating cost is projected to rise on average by 15%. This is not only caused by higher energy costs but by the colder winters that are expected across the country.

When it comes to saving energy around the home there are some simple ways we can all make a difference. Here are some energy efficient tips to keep your home toasty warm for the winter whilst saving money and the environment.

Only heat the rooms you are using. Close doors to unused rooms.

Seal up draughts - Put snakes under door jambs, get weather stripping for your windows. Heavy curtains also help keep in the heat and keep out the cold.

Don't overheat your home - Switch your thermostat down a single degree and you could save up to 10 per cent on your electricity bill.

Before you switch on the heater, put a jumper on or grab a cuddly blanket.

Open up curtains to north facing windows on sunny winter days to let in free, natural solar energy to warm your home. Close the curtains and blinds at night to reduce heat loss.

Insulate your home - properly insulating your walls and ceilings can save 25% of your home heating.

When making a hot beverage to ward off the winter chill only fill the kettle with the amount of water you need. Boiling 2 cups takes on average 1 minute while filling the kettle takes about 4.5 minutes. So you save time and money.

Electric blankets use much less energy than room heaters. Pre-warm your bed and then switch it off when you go to sleep.

Hot air rises so running slow-moving ceiling fans in reverse can be a great way to push the warmth back down to where it is needed, especially if you have high ceilings.

## NATIVE PLANT SALE

**ONE DAY ONLY!** Limited stock so get in quick!

**When:** Sunday 16th August, 2-4pm  
**Where:** KBULG nursery, Karlkurla Park.

For a plant list please contact KBULG on [admin@kbulg.org.au](mailto:admin@kbulg.org.au). Sorry, No Pre-Sales.



## FUTURE LOOKING BRIGHT AND GREEN FOR SAM

ONE of KBULG's Junior Landcare Members, Samantha Fielder has been selected to attend the 'Bright Green Youth' Conference in Sonderborg, Denmark in August this year.

Samantha will be one of 500 world wide 'Bright Green Youth' attending the conference and will be flying the flag high for Western Australia and in particular 'Kalgoorlie-Boulder'.

Sam needs our HELP and support with Airtravel and expences, so if you can help in any way please let us know! Cash donations would be very much appreciated and will help Sam on her journey. We will also be collecting gold coings at our Community Tree Planting Day on the 18th and organising a raffle.

Landcare Australia's Junior Landcare Program has also pledged to support Sam with the donation of some great goodies for us to raffle.

If you would like further information or like to help, please contact KBULG on 9091 6233 or email [landcare@kbulg.org.au](mailto:landcare@kbulg.org.au)



## Karlkurla Bushland Park!

**WE NEED YOUR INPUT!**

KBULG is hoping to develop a concept plan for Karlkurla Bushland Park and is looking for input from members of our community.

One of the main aims in creating Karlkurla Park was to provide an area for our community and visitors to enjoy passive recreation, interpretive and educational opportunities in a woodland setting whilst ensuring that natural values of the woodlands are preserved and enhanced.

KBULG is currently seeking funding to employ a consultant to audit how the park is currently being utilized and managed, and hopes to develop a concept plan to guide any future uses, development and infrastructure

opportunities within the park. It will also address the strategic direction of the park supporting the City of Kalgoorlie-Boulder in its management of the Park.

The community consultation and development of a concept plan for the park is very much about what we, as a community, can do together to make Karlkurla Bushland Park an even better place for the community to utilise for passive recreation, education and social uses. By working on the plan as a whole community, we will all have an interest and a sense of responsibility to ensure we fulfil this plan.

If you have any ideas please contact KBULG, email [landcare@kbulg.org.au](mailto:landcare@kbulg.org.au)



## STUDENTS GET DIRTY TO KEEP KALGOORLIE-BOULDER GREEN

HUNDREDS of primary school students from around Kalgoorlie-Boulder have assisted KBULG in greening the goldfields. As part of the KBULG Junior Landcare Program students participated in making and distributing seed balls and planting trees to help revegetate bare areas of Karlkurla Bushland Park. Whilst getting grubby, students learnt about the importance of looking after their local environment and the significance of creating a greener future. All of the trees and shrubs that were planted were grown locally by KBULG's Native Plant Group.

A big congratulations to all of the teachers, students and volunteers who participated. And a big thank you to Barrick Kanowna who sponsors the Junior Landcare Program.